

Metrolink Regional Rail Service

Metrolink operates regional rail service on six routes in the greater Los Angeles area. Five of these routes radiate from Los Angeles Union Station, while the sixth connects San Bernardino and Riverside with Orange County.

Ventura County Line: Weekday-only trains operate in each direction on the Ventura County line. Most trains operate during peak hours, with a limited amount of off-peak service. Most service operates between Moorpark or Chatsworth and Los Angeles, although some trains also serve Oxnard and Camarillo. Trains stop at all Amtrak stations along the line, as well as other Metrolink-only stops.

Antelope Valley Line: Most weekday trains operate during peak hours, with limited off-peak service on the Antelope Valley line. Trains operate to/from Santa Clarita or Princessa, with some extended to Lancaster. Saturday service consists of four round trips to Lancaster. Trains stop at the Glendale Amtrak station. Amtrak Thruway buses to the San Joaquin Valley stop at the Metrolink stations in Lancaster, Palmdale and Santa Clarita/Newhall.

Additional service between Burbank Airport and Los Angeles: To augment the weekday round trips provided between Burbank and Los Angeles by the two above routes, additional trips operate between Burbank-Bob Hope Airport or Burbank and Los Angeles.

San Bernardino Line: Weekday trains operate on the San Bernardino line between San Bernardino and Los Angeles--providing all-day service including more frequent service during peak periods. Saturday and Sunday service consists of several round-trips evenly spaced throughout the day operating between San Bernardino and Los Angeles (most of these trips also serve Riverside). The San Bernardino terminal is also served by Amtrak's *Southwest Chief* and Amtrak Thruway bus service to the San Joaquin Valley. Amtrak Thruway buses also stop at the Claremont station.

Riverside & 91 Lines: Most weekday trains operate during peak hours, with a limited amount of off-peak service on the Riverside and 91 lines. The Riverside line operates via East Ontario, while the 91 line operates via Fullerton. The Riverside Metrolink station is also served by *The Southwest Chief* and Amtrak Thruway buses to the San Joaquin Valley.

Orange County Line: Weekday-only trains on the Orange County Line operate mostly during peak hours. Some operate to or from Oceanside, while the others operate to or from Irvine or San Juan Capistrano. Trains serve all Amtrak stops along the line, as well as other Metrolink-only stops.

Inland Empire-Orange County Line: Weekday-only trains operate on Metrolink's line between San Bernardino or Riverside and Irvine or San Juan Capistrano. Most operate during peak hours with limited off-peak service.

Under the Rail 2 Rail Program Metrolink monthly pass holders may ride any Amtrak train or bus within the limits of the pass, but other Metrolink tickets are not valid on Amtrak trains or buses. Amtrak ticket holders may ride any Metrolink train within the limits of their ticket. Between Burbank Airport, Glendale, and Los Angeles, any Amtrak or Metrolink ticket may be used on any train.

Metrolink Information:
(800) 371-LINK (Within Service Area)
(213) 347-2800 (Outside Service Area)

Coaster Regional Rail Service

Coaster operates regional rail service between Oceanside and San Diego. Weekday trains operate throughout the day (with more frequent service at peak periods) serving eight stations, including the Amtrak depots in Oceanside, Solana Beach and San Diego. There are four round trips on Saturday. Coaster does not operate on Sundays or Holidays. Additional late evening service operates when the San Diego Padres baseball team plays night games at Petco Park.

The Rail 2 Rail Program now applies to Coaster. Amtrak and Coaster monthly ticket holders may ride any Amtrak or Coaster train between San Diego and Oceanside. Single ride Amtrak tickets are not valid on Coaster trains, nor are single ride Coaster tickets valid on Amtrak trains or buses. Coaster passengers must purchase their tickets from ticket vending machines on station platform **before** boarding the train.

Coaster Information:
(800) COASTER (Within Service Area)
(760) 722-6283 (Outside Service Area)

Local Transit Connections

Camarillo Area Transit (Camarillo): (800) 438-1112.
City of Lompoc Transit (Lompoc): (805) 736-7666.
Commerce Municipal Bus (Commerce): (213) 887-4419.
DASH (Downtown Los Angeles): 808-2273 or (213) 808-2273.
Foothill Transit (San Gabriel/Pomona Valleys): (800) RIDE-INFO.
Glendale Beeline (Glendale): (818) 548-3961.
Golden Empire Transit District (Bakersfield): (661) 327-7686.
Laguna Beach Transit (Laguna Beach): (949) 497-0746.
Long Beach Transit (Long Beach): (562) 591-2301.
Los Angeles County Metropolitan Transportation Authority (LA Area): (800) COMMUTE or (213) 266-6883.
Moorpark City Bus (Moorpark): (800) 438-1112.
North County Transit (Solana Beach and Oceanside): (760) 722-6283.
Omnitrans (San Bernardino): (909) 383-5283.
Orange County Transportation Authority (San Clemente, San Juan Capistrano, Irvine, Santa Ana, Anaheim, Fullerton, Costa Mesa, Laguna Beach): (714) 636-7433.
Regional Transit Authority (San Luis Obispo, Santa Maria, Atascadero, Paso Robles): (805) 541-2228.
San Diego Transit (San Diego Area): (619) 233-3004.
Santa Barbara Metro Transit: (805) 683-3702.
Santa Clarita Transit (Santa Clarita): (661) 294-1287.
Simi Valley Transit (Simi Valley): (805) 584-6287.
SLO Transit (San Luis Obispo): (805) 541-2877.
South Coast Area Transit (Oxnard and Ventura): (805) 487-2706 or (805) 643-3158.
South County Area Transit (Grover Beach): (805) 541-2228.
Torrance Transit (Long Beach): (310) 320-9448.

Los Angeles Metro Rail

The Los Angeles County Metropolitan Transportation Authority operates four rail transit lines in the Los Angeles area. The Red & Gold Lines terminate at Los Angeles Union Station, providing connections with Amtrak trains and buses.

Metro Red Line: The Red Line subway operates from Union Station through Downtown Los Angeles to Wilshire & Western, and also to the San Fernando Valley via Hollywood. Trains operate from 4:30am to 12:30am, seven days a week. Headways vary from 5 to 10 minutes.

Metro Blue Line: Blue Line light rail trains operate from 7th St./Metro Center/Julian Dixon (on the Red Line) to Downtown Long Beach. Trains operate from 5:00am to 12:45am (southbound) or 11:20pm (northbound), seven days a week. Headways vary from 6 to 20 minutes.

Metro Green Line: Green Line light rail trains operate from Marine Ave. & Redondo Beach Ave. in the Redondo Beach-El Segundo area to I-105/I-605 in Norwalk. The Green Line connects with the Blue Line at the Imperial/Wilmington/Rosa Parks stop. Shuttle service is available from the Aviation Blvd. stop to Los Angeles International Airport. Trains operate from 4:00am to 1:30am, seven days a week. Headways vary from 6 to 20 minutes.

Metro Gold Line: Gold Line light rail trains operate from Union Station through Highland Park, South Pasadena, Downtown Pasadena to Sierra Madre Villa Station in East Pasadena. Trains run from approximately 4:30am to 1:00am daily. Midday headways are 10-12 minutes, while in the evening trains run on 20 minute headways.

LA Metro System Information:
(800) COMMUTE (LA Area) or (213) 626-4455 (Outside Area)
www.mta.net

San Diego Trolley

The San Diego Trolley operates light rail service on three lines. The **Blue Line** connects Old Town with San Ysidro (at the Mexico Border) via the Amtrak Station, Downtown San Diego, Barrio Logan, National City, and Chula Vista. The **Orange Line** connects the Bayside area with Gillespie Field via America Plaza (across the street from the Amtrak Station), Downtown, Lemon Grove, La Mesa and El Cajon. The **Green Line** connects Old Town with Santee via Mission Valley, SDSU and El Cajon. Most service operates 5:00am to midnight, seven days a week, although Green Line service ends earlier in the late evening.

San Diego Trolley Information:
(619) 231-8549 (Recorded Information)
(619) 233-3004 (Regional Transit Information)

Stations

Anaheim (ANA)--Anaheim Stadium Pkg Lot, 2150 E. Katella 92806
Atascadero (ATA)--Denny's, 6910 El Camino Real 93422 (Night drop-off only)
Bakersfield (BFD)--601 Truxtun Ave. 93301
Buellton (BUL)--Burger King, 238 E. Highway 246 93427
Burbank-Bob Hope Airport (BUR)--3750 Empire Ave. 91505
Camarillo (CML)--30 Lewis Rd. 93010
Carpinteria (CPN)--475 Linden Ave. 93013
Chatsworth (CWT)--10040 Old Depot Plaza Rd. (at Devonshire) 91311
Fullerton (FUL)--120 E. Santa Fe Ave. 92832
Glendale (GDL)--400 W. Cerritos Ave. at Railroad Ave. 91204
Goleta (GTA)--North end of La Patera Lane 93117
Grover Beach (GVB)--150 Highway 1 at Grand Ave. 93433
Guadalupe (GUA)--330 Guadalupe St. (Highway 1) 93434
Irvine (IRV)--15215 Barranca St. 92618
King City (KGC)--McDonald's, 1350 Broadway Circle 93930
Lompoc (LOM)--Visitors' Center, 111 South I St. 93436
Long Beach (LBC)--Denny's, 601 N. Long Beach Blvd. 90802
Long Beach (LBQ)--Queen Mary, 1126 Queens Highway 90802
Los Angeles (LAX)--Union Station, 800 N. Alameda St. 90012
Moorpark (MPK)--300 High St. at Moorpark Ave. 93021
Oakland (OKJ)--Jack London Square, 245 2nd St. 94607
Oceanside (OSD)--235 S. Tremont Ave. 92054
Old Town (OLT)--4005 Taylor St. (at Congress St.), San Diego 92110
Oxnard (OXN)--201 E. 4th St. 93030
Paso Robles (PRB)--Pine at 8th St. 93446
Salinas (SNS)--Foot of Station Place 93901
San Clemente Pier (SNP)--Municipal Pier 92676
San Diego (SAN)--Santa Fe Depot, 1050 Kettner Blvd. 92101
San Francisco (SFC)--Amtrak, Ferry Building Complex, south end (The Agricultural Bldg.) 101 The Embarcadero, Suite 118 94111
San Jose (SJC)--Amtrak/Caltrain Station, 65 Cahill St. 95110
San Juan Capistrano (SNC)--26701 Verdugo St. 92675
San Luis Obispo (SLO)--1011 Railroad Ave. at Santa Rosa St. 93401
San Luis Obispo (SLP)--Cal Poly Campus (In front of Vista Grande Restaurant on Grand Ave.) 93407
San Pedro (SPD)--Catalina Terminal, Berth 95 (under Vincent Thomas Bridge) 90731
San Pedro (SPO)--Public Library, 931 S. Gaffey St. 90731
Santa Ana (SNA)--1000 Santa Ana Blvd. 92701
Santa Barbara (SBA)--209 State St. 93101
Santa Clarita (NHL)--Newhall Metrolink Sta., 24300 Railroad Ave. 91321
Santa Maria (SAT)--Int'l House of Pancakes, US 101 at Main St. 93454
Simi Valley (SIM)--5000 Los Angeles Ave. near Stearns 93063
Solana Beach (SOL)--105 Cedros Ave. at Lomas Santa Fe 92075
Solvang (SLV)--Solvang Park, 1630 Mission Drive and 1st St. 93463
Surf/Lompoc (LPS)--End of Ocean Ave. (Surf Beach) 93436
Van Nuys (VNC)--7724 Van Nuys Blvd. 91405
Ventura (VEC)--Harbor & Figueroa (County Fairgrounds) 93003

KEY:
A - Bus and Train
B - Bus only
C - Train only
N - No Long Term Parking
S - Staffed Amtrak Station. Ticket sales.
T - Travel agency which sells Amtrak tickets at stop location, may not be open for all departures.

Visit the Amtrak California Home Page on the World Wide Web
www.amtrakcalifornia.com

Amtrak California Folder No. AC-1-0406
Effective April 24, 2006 400K



Address your comments to:
Caltrans Division of Rail,
PO Box 942874, MS-74
Sacramento, CA 94274-0001

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Amtrak California
Timetable

Effective April 24, 2006



San Luis Obispo - Santa Barbara - Oxnard -
San Fernando Valley - Los Angeles -
Orange County - San Diego



Schedule Effective April 24, 2006

Bus connections are color-keyed to the bus route (see map on page 5).

Staffed Amtrak Stations are shown in **UPPER CASE**.
Times shown in prevailing local time.

Passengers without tickets, boarding buses at unstaffed stops, or boarding buses at staffed stops that are closed at time of departure, must have a valid Government issued photo ID. At the next open Amtrak ticket office, usually the transfer point, the passenger will purchase a ticket from the boarding point to the destination.

Reservations required on Amtrak Thruway buses.

For more information about the FlyAway service, visit www.lawa.org/lax

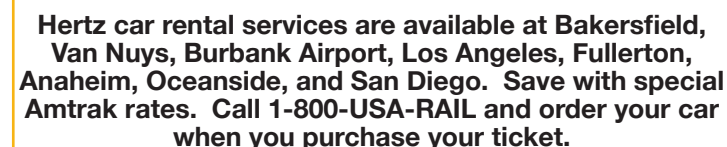


Table 1b - *Pacific Surfliner Route* - San Diego - Orange County - Los Angeles - San Fernando Valley - Oxnard - Santa Barbara - San Luis Obispo

NORTHBOUND SCHEDULE

**See Pages 2-3 for
Southbound Schedule**
Schedule Effective April 24, 2006

NORTHBOUND SCHEDULE

See Pages 2-3 for
Southbound Schedule

Schedule Effective April 24, 2006

SAN DIEGO
Old Town
SOLANA BEACH
OCEANSIDE
San Clemente Pier
SAN JUAN CAPISTRANO
IRVINE
SANTA ANA
ANAHEIM
FULLERTON
LOS ANGELES

Lv

Ar

Train 763
Daily
6:15a
--
6:48a
7:03a
7:31a
7:47a
7:58a
8:07a
8:16a
8:50a

Train 565
Daily
7:05a
7:38a
7:55a
8:30a
8:44a
8:55a
9:04a
9:13a
9:50a

Train 567
XSSH
8:10a
8:43a
8:58a
9:31a
9:45a
9:56a
10:05a
10:14a
10:50a

Train 769
Daily
9:30a
10:03a
10:18a
10:49a
11:05a
11:17a
11:26a
11:36a
12:15p

Train 571
SSH
10:35a
11:08a
11:24a
11:55a
12:09p
12:20p
12:29p
12:38p
1:15p

Train 573
XSSH
10:50a
11:23a
11:39a
12:10p
12:26p
12:38p
12:47p
12:57p
1:35p

Train 775
Daily
12:00n
12:33p
12:49p
1:22p
1:36p
1:49p
1:58p
2:08p
2:40p

Train 577
SSH
12:55p
1:28p
1:43p
2:14p
2:28p
2:39p
2:48p
2:57p
3:35p

Train 579
XSSH
1:25p
1:58p
2:13p
2:47p
3:03p
3:14p
3:23p
3:34p
4:05p

Train 583
Daily
3:00p
3:33p
3:52p
4:13p
4:23p
4:37p
4:48p
4:57p
5:45p

Train 785
Daily
4:00p
4:34p
4:51p
5:25p
5:42p
5:53p
6:02p
6:13p
6:49p

Train 587
SSH
5:20p
5:53p
6:08p
6:39p
6:53p
7:09p
7:18p
7:27p
8:05p

Train 589
XSSH
5:50p
6:23p
6:38p
7:25p
7:39p
7:55p
8:04p
8:13p
8:50p

Train 591
SSH
6:20p
6:53p
7:08p
7:39p
7:53p
8:09p
8:18p
8:27p
9:05p

Train 595
Daily
8:20p
8:53p
9:08p
9:42p
9:56p
10:09p
10:18p
10:27p
11:05p

Train 597
FSSH
9:15p
9:48p
10:03p
10:39p
10:53p
11:06p
11:15p
11:24p
11:59p

Daily
10:00p
10:25p
10:55p
11:35p
12:10a
12:30a
1:15a

Connecting Bus Route 1
LOS ANGELES-Union Station
Santa Clarita-Newhall Metrolink
BAKERSFIELD-Amtrak

Lv

Ar

Train 799
Daily
7:30a
7:41a
7:52a
8:01a
8:16a
8:45a
8:57a
9:08a
9:20a
9:34a
9:54a
10:11a
10:22a

LOS ANGELES
Glendale
Burbank-Bob Hope Airport ✈
VAN NUYS
Chatsworth
Simi Valley
Moorpark
Camarillo
OXNARD
Ventura
Carpinteria
SANTA BARBARA
Goleta

Lv

Ar

Central Coast
Pacific
Surfliner
11:27a
12:02p
12:15p
12:45p

SANTA BARBARA
Buellton-Burger King
Solvang-Solvang Park
Lompoc-Visitors' Center
Surf/Lompoc
Guadalupe
Santa Maria-IHOP
Grover Beach
SAN LUIS OBISPO
San Luis Obispo-Cal Poly
Atascadero-Denny's
Paso Robles

Lv

Ar

Daily
11:40a
12:25p
12:30p
1:10p
1:35p
2:00p
2:15p
1:25p
2:40p

The Coast
Starliner
3:30p
4:45p

Daily
3:10p
3:30p
3:55p
4:00p
4:30p
4:35p
5:15p
5:30p
5:55p

Daily
3:10p
3:30p
3:55p
4:00p
4:30p
4:35p
5:15p
5:30p
5:55p

Central Coast
Pacific
Surfliner
7:02p
7:39p
7:55p
8:30p

Daily
8:31p
8:40p
9:00p
9:20p

Daily
9:45p
10:30p
10:35p
11:15p
11:40p
12:05a
12:20a
12:45a

OAKLAND
SAN FRANCISCO
SAN JOSE
SALINAS
King City
Paso Robles
Atascadero
San Luis Obispo-Cal Poly
SAN LUIS OBISPO
Grover Beach
Santa Maria
Guadalupe
Surf/Lompoc
Lompoc
Solvang
Buellton
Goleta
SANTA BARBARA
Carpinteria
VAN NUYS
Chatsworth
Simi Valley
Moorpark
Camarillo
Ventura
OXNARD

Trains which operate daily are indicated by no shading, black outline.

Trains which operate weekdays only are indicated by blue shading and blue outline.

Trains which operate on Weekends and Holidays only (including Fridays) are shown with gray shading and red outline.

Bus connections are color-keyed to the bus route (see map on page 5).

**Staffed Amtrak Stations are shown in
UPPER CASE.**

All Times shown in prevailing local time.

Trains that operate Daily have a black heading.
Trains that operate weekdays only have a blue heading.

XSSH - Operates Daily, except Saturdays, Sundays, and Holidays.

XSSH - Operates Daily, except Fridays, Saturdays, Sundays, and Holidays.

SSH - Operates Saturdays, Sundays, and Holidays only.

FSSH - Operates Fridays, Saturdays, Sundays, and Holidays only.
Holidays: May 29, Jul. 4 & Sept. 4, 2006.

p.m. times are shown in bold face type.
Major stops and stations are shown in red
for easy reference.

Reference Marks:

Lv - Leave, Ar - Arrive. When separate arrive and leave times are not shown stop is just long enough to allow loading and unloading of passengers.

B- The *Coast Starlight* stops at Van Nuys and Simi Valley to receive passengers only.

C - Stops to receive passengers at Old Town on Saturdays, Sundays, and Holidays only.

D - Stops to discharge passengers only, arrival time approximate.

P - Stops to receive and discharge passengers. Passengers boarding bus at this stop must purchase tickets in advance—ticket office is closed at departure time. Passengers without reservations will be handled on a space available basis only.

® - Reservations required on the *Coast Starlight*. Discount fares may not be valid on this train. Reservations also required on connecting buses indicated with this symbol.

BICYCLES - Some *Pacific Surfliner* coach cars have bicycle racks on the lower level. Passengers are responsible for securing their bikes, and spaces are available on a first-come, first-served basis. On Thruway buses, passengers may stow their unboxed bicycles in the underfloor storage area, however Amtrak assumes no responsibility, and passengers must load and unload their own bikes. Boxed bicycles may also be sent as checked baggage to and from staffed stations.

Special Rates for Frequent Riders





Take advantage of these special discounts for frequent riders on the *Pacific Surfliners*:

45-day ten-ride ticket: Special fare for 10 one-way trips. Valid for 45 days, including date of sale. May be used by multiple riders traveling together.

Unlimited Monthly ticket: Valid during the calendar month for which issued for unlimited rides between stations named on the ticket (or intermediate stations between those two locations). May only be used by the passenger whose name appears on the ticket.

These multi-ride tickets for frequent riders may be purchased at any staffed Amtrak station, or by calling 1-800-USA-RAIL.

***Pacific Surfliner* Route**

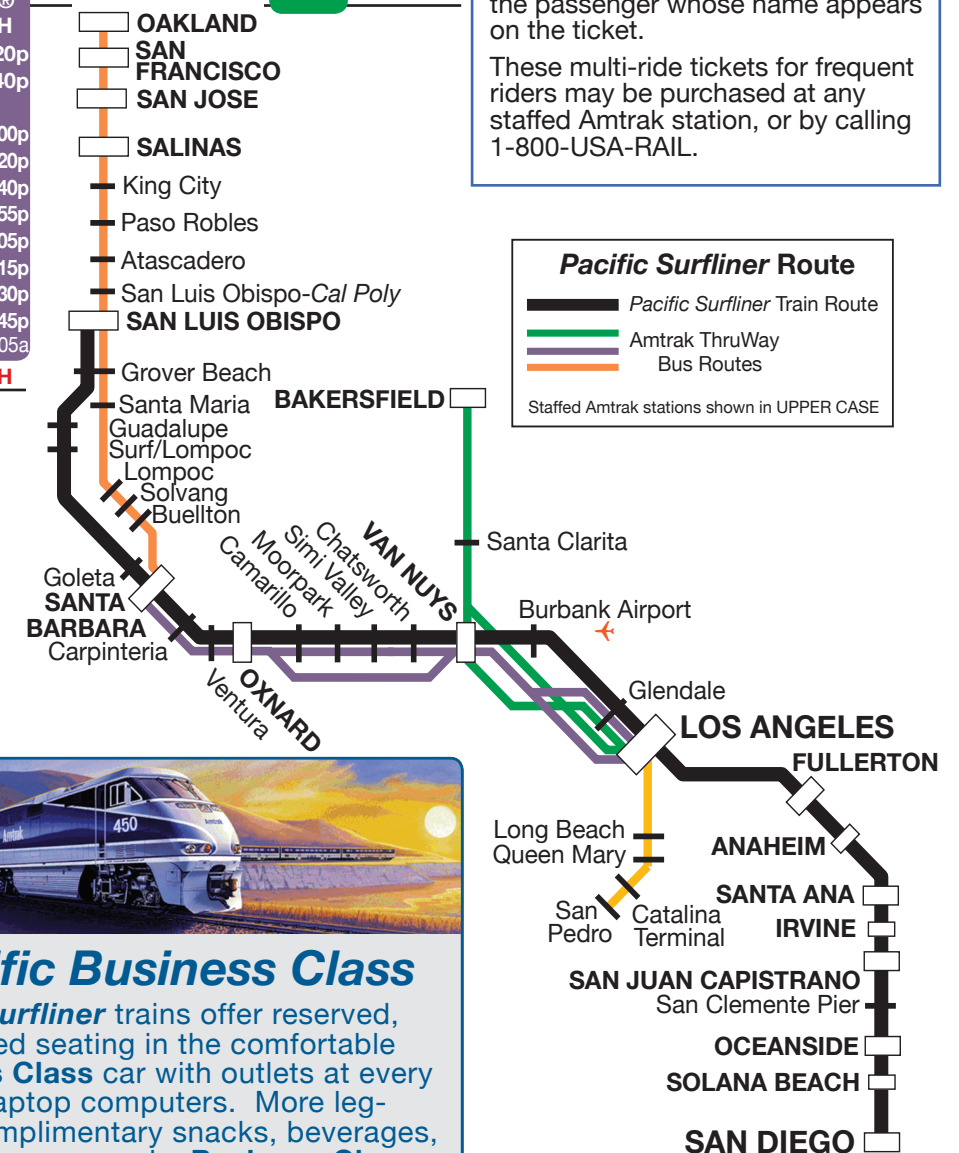
 Pacific Surfliner Train Route
 Amtrak ThruWay
 Bus Routes


Staffed Amtrak stations shown in UPPER CASE



Pacific Business Class

Pacific Surfliner trains offer reserved, guaranteed seating in the comfortable **Business Class** car with outlets at every seat for laptop computers. More leg-room, complimentary snacks, beverages, and newspapers make **Business Class** the relaxed way to travel.



Schedule Effective April 24, 2006

SOUTHBOUND SCHEDULE				SOUTHBOUND SCHEDULE				SOUTHBOUND SCHEDULE				SOUTHBOUND SCHEDULE									
OAKLAND SAN FRANCISCO SAN JOSE SALINAS King City-McDonald's Paso Robles Atascadero-Denny's San Luis Ob.-CalPoly SAN LUIS OBISPO		Daily 10:55p 10:00p 12:10a 1:30a 2:25a 3:25a 4:00a 4:05a		Daily 6:05a 7:25a 8:45a 9:40a 11:20a		Daily 7:55a 9:15a 10:35a 11:30a 12:30p 1:05p 1:25p		Daily 9:50a 10:35a 11:50a 1:10p 2:05p 3:05p 3:25p 3:50p 4:10p		SAN DIEGO SOLANA BEACH OCEANSIDE SAN JUAN CAPISTRANO IRVINE SANTA ANA ANAHEIM FULLERTON LOS ANGELES		Daily 5:30a 5:50a 7:15a		Train 763 Daily 6:15a 6:48a 7:03a 7:31a 7:47a 7:58a 8:07a 8:15a 8:50a		Train 769 Daily 9:30a 10:03a 10:18a 10:49a 11:05a 11:17a 11:26a 11:36a 12:15p		Train 775 Daily 12:00n 12:33p 12:49p 1:22p 1:36p 1:49p 1:58p 2:08p 2:40p		Train 785 Daily 4:00p 4:34p 4:51p 5:25p 5:42p 5:53p 6:02p 6:13p 6:49p	
SAN LUIS OBISPO Grover Beach Santa Maria-IHOP Guadalupe Surf/Lompoc Solvang-Solvang Pk Goleta SANTA BARBARA		Train 774 Daily 4:10a 6:45a 7:05a 7:21a 7:55a 9:03a 9:21a		Train 778 Daily 11:25a 1:30p 1:55p 2:20p 3:00p 4:20p		Train 798 Daily 4:25p 4:45p 5:01p 5:42p 6:50p 7:05p		Train 799 Daily 7:30a 7:41a 7:52a 8:01a 8:16a 8:45a 8:57a 9:08a 9:20a 9:34a 9:54a 10:11a		LOS ANGELES Glendale Burbank-Airport VAN NUYS Chatsworth Simi Valley Moorpark Camarillo OXNARD Ventura Carpinteria SANTA BARBARA		Train 763 Daily 9:05a 9:16a 9:26a 9:37a 9:50a 10:02a 10:26a 10:40a 10:54a 11:14a 11:33a		Train 769 Daily 12:30p 12:42p 12:54p 1:03p 1:16p 1:28p 1:42p 1:54p 2:06p 2:19p 2:45p 3:04p		Train 775 Daily 2:55p 3:07p 3:19p 3:28p 3:41p 3:59p 4:21p 4:35p 4:49p 5:10p 5:33p		Train 785 Daily 7:00p 7:12p 7:24p 7:33p 7:46p 7:58p 8:27p 8:38p 8:57p 9:18p 9:38p			
SANTA BARBARA Carpinteria Ventura OXNARD Camarillo Moorpark Simi Valley Chatsworth VAN NUYS Burbank-Airport Glendale LOS ANGELES		Train 768 Daily 6:45a 7:01a 7:22a 7:37a 7:47a 8:06a 8:20a 8:35a 8:50a 8:59a 9:10a 9:25a		Train 784 Daily 9:21a 9:37a 9:58a 10:12a 10:23a -- 10:51a 11:03a 11:18a 11:27a 11:39a 12:10p		Train 792 Daily 1:59p 2:15p 2:40p 2:57p 3:08p 3:21p 3:36p 3:49p 4:15p 4:25p 4:37p 4:55p		Train 596 Daily 7:05p 7:21p 7:42p 7:56p 8:07p -- 8:35p 8:47p 9:04p 9:13p 9:25p 9:45p		SANTA BARBARA Goleta Solvang-Solvang Pk Surf/Lompoc Guadalupe Santa Maria-IHOP Grover Beach SAN LUIS OBISPO		Train 763 Daily 10:11a 10:22a 11:27a 12:02p 12:15p 12:45p		Train 769 Daily 11:40a 12:30p 1:10p 1:35p 2:00p		Train 775 Daily 3:10p 4:35p 5:15p		Train 785 Daily 9:45p 10:35p 11:15p 11:40p 12:05a			
LOS ANGELES FULLERTON ANAHEIM SANTA ANA IRVINE SAN JUAN CAPISTRANO OCEANSIDE SOLANA BEACH SAN DIEGO		Train 768 Daily 9:40a 10:12a 10:23a 10:32a 10:43a 11:02a 11:34a 11:49a 12:25p		Train 784 Daily 12:25p 12:57p 1:06p 1:15p 1:26p 1:40p 2:13p 2:28p 3:10p		Train 792 Daily 5:10p 5:42p 5:51p 6:00p 6:13p 6:27p 6:58p 7:13p 7:50p		Train 596 Daily 8:00p 8:31p 8:41p 8:50p 9:01p 9:17p 9:48p 10:03p 10:45p		SAN LUIS OBISPO San Luis Ob.-CalPoly Atascadero-Denny's Paso Robles King City-McDonald's SALINAS SAN JOSE SAN FRANCISCO OAKLAND		Train 763 Daily 12:50p 1:00p 1:25p 2:35p 3:30p 4:45p 6:05p 6:30p		Train 769 Daily 2:05p 2:15p 2:40p 3:50p 4:45p 6:05p 7:15p		Train 775 Daily 5:20p 5:30p 5:55p 6:55p 7:50p 9:10p 10:25p		Train 785 Daily 12:10a 12:20a 12:45a 1:55a 2:50a 4:10a 5:25a 5:50a			
Monterey Bay Connections Monterey-Transit Plaza SALINAS		6:25a 7:05a		6:25a 7:05a		10:40a 11:30a		10:40a 11:30a		Monterey Bay Connections SALINAS Monterey-Transit Plaza		6:40p 7:30p		9:25p 10:00p							

Reference Marks:
C - Stops at Old Town on Saturdays, Sundays, and Holidays only.

D - Stops to discharge passengers only, arrival time approximate.

Q - Travel using this connection must be part of a round trip that includes train travel in the other direction.

® - Rest Stop.

® - Reservations required on the *Coast Starlight*. Discount fares may not be valid on this train. Reservations also required on connecting buses indicated with this symbol.

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SCHEDULE TO LONG BEACH

SCHEDULE TO LONG BEACH <i>Effective April 24, 2006</i>		SCHEDULE FROM LONG BEACH <i>Effective April 24, 2006</i>	
<div>→</div> <div>Connections from San Diego and Orange County Arrive Los Angeles:</div>		<div>→</div> <div>Connections to San Luis Obispo, Santa Barbara and Oxnard Leave Los Angeles:</div>	
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<div>→</div> <div>Connections from San Diego and Orange County Arrive Los Angeles:</div>		<div>→</div> <div>Connections to San Luis Obispo, Santa Barbara and Oxnard Leave Los Angeles:</div>	
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<div>→</div> <div>Connections from San Diego and Orange County Arrive Los Angeles:</div>			

Trains that operate Daily have a black heading.

Trains that operate weekdays only have a blue heading.

Trains that operate weekends only (including Fridays) have a red heading.

XSSH - Operates Daily, except Saturdays, Sundays, and Holidays.

XFSSH - Operates Daily, except Fridays, Saturdays, Sundays, and Holidays.

SSH - Operates Saturdays, Sundays, and Holidays only.

FSSH - Operates Fridays, Saturdays, Sundays, and Holidays only.

Holidays: May 29, July 4 and September 4, 2006.

a.m. times are shown in light face type.

p.m. times are shown in bold face type.

Major stops and stations are shown in red for easy reference.

Staffed Amtrak Stations are shown in **UPPER CASE**.

All times shown in prevailing local time.



Under the Rail 2 Rail program, Amtrak, Metrolink and Coaster accept certain tickets issued from each of their respective rail services. Here are the details:

* Metrolink Monthly Pass Holders for the Orange County or Ventura County lines, and Coaster Monthly Pass Holders may ride any Amtrak train or bus within the limits of their pass, for no additional charge.

* Metrolink or Coaster single ride or round trip tickets are not valid on Amtrak.

* Amtrak Pacific Surfliner ticket holders may ride any Metrolink or Coaster train within the limits of their ticket at no additional charge.

* Amtrak trains 799 and 768 have replaced Metrolink Trains 103 and 108 between Chatsworth and Los Angeles. On these two Amtrak trains, all Metrolink tickets are honored. These trains also stop at Northridge and Burbank Downtown on weekdays for Metrolink passengers.

* Amtrak has also added weekday stops for Metrolink Orange County Line riders. Northbound train 573 stops at Laguna Niguel/Mission Viego and Norwalk, while southbound train 578 stops at Orange and train 590 stops at Norwalk and Laguna Niguel/Mission Viejo. These stops are shown in Metrolink's timetables.

WEEKEND SERVICE

Rail 2 Rail allows Metrolink and Coaster Monthly Pass Holders to use their Monthly Pass to ride Amtrak Pacific Surfliner trains--within the origin and destination of their pass--on weekends.

This program does NOT include Amtrak's Coast Starlight.

BURBANK AIRPORT SERVICE

Between Burbank Bob Hope Airport and Los Angeles Union Station (and intermediate points) ANY Metrolink or Amtrak ticket may be used on ANY train. Just buy a ticket and whatever train shows up first is your ride!

Amtrak Information:
www.amtrak.com
(800) USA-RAIL

Metrolink Information:
www.metrolinktrains.com
(800) 371-LINK

Coaster Information:
www.sdcommute.com
(800) COASTER

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To purchase a ticket, just insert a credit or debit card to activate the machine. Additional instructions

will appear on the screen. If you have a reservation, simply insert your credit card or enter your reservation number ...and receive your ticket promptly.

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